

**KUMPUAN**  
KHAWTLANG NUN  
SIAMTHAT

YMA Chu tanpui ngaite tanpuitu a ni

ESTD.1990

**YMA**



CHANMARI WEST BRANCH YMA CHANCHINBU KAR TIN CHHUAK. VOL. XXIII. ISSUE NO.22 5<sup>th</sup> June 2011

## BRANCH YMA EXECUTIVE MEETING ( YMA Day hman dan tur rel )

**Chanmari West, May 29:** Ni 31.6.2011 (Thawhleh) Zan khan Chanmari West Branch YMA Executive Meeting chu President, Pu T.Ngurkhuma kaihhruanain, Pu K.Lalthakima, Leader Chawngbawla Section In ah neih a ni a, he meeting ah hian Branch Secretary hnen atangin hmalak tawhna hrang hrang ngaihthilak a ni. Meeting ah hian hravaituten intuaitharna an neih a thupui thenkhat thlirho a ni a, YMADay Programme Committee ten YMA Day hman dan tur an duan te thlirho a ni bawk.

### Thurel Tlangpuite :-

1. Hravaituten intuaithamahun an neih a thupui thenkhat hetiang hian thlirho a ni :-

a) **Tlawmngaihna** :- Hem chungchangah hian hravaitu kan nihang ngeiin, memberte aia nasa zawka tanlak lehzual nise, Branch level atanga nasa zawka infuih thar ni rawh se.

b) Aia upa zah :- Kan tlahniam zel ni a hriat a ni. Aia upa zah hi mizo nun zemawi a nih avangin vawng nung zel ila, YMAlakkawm na mai ni lo, nu leh pa te pawh hemi kawngah nasa zawka tan la tura infuih thar zel nise.

c) **Sakhuana** :- Kristian nun dan tha ngaisanga a zawm tura Motto nei kan nih angin, sakhuana ah chanvo langsar chelhtu ni lo mah ila, hravaitu kan nih angin nasa zawka sakhuana a ngaihpawimawh hram ni thei se.

d) **Ruihtheihthil** :- YMA memberte chu heng ang kawngah hian inhnamhnawih lo tura thuvawn/ thuthlung neikannitihhria afihlimtum theuh nise ti a ni.

e) **Inthenawm khawvenna** :- 'YMA chu tanpui ngaite tanpuitu' ti a nih angin inthenawm khawvenna ah hravaitu kan nihna hmuh theih ngei tura tanlak nise, thenawm khawvenge thlamuantu nih tum theuh tura tanlak nise.

f) **Branch hnatl Lang** :- Branch hnatl Lang hravaitute kan kaltha lo thin chu tanlak lehzual theuh tum nise ti a ni bawk.

2. YMADay loawm tur hihlimawm takahman nise, he hun denchhen hian hnatl Lang leh thildanga hman dan tur hetiang hian ruahmanna siam a ni :-

1) Ni 11.6.2011 (Inrinni) zingkarah thlanmual samfai hnatl Lang Branch huap a neih.

2) Ni 13.6.2011 (Thawhtan) zingkarah Section tin in mahni Section huamchhungah faina hnatl Lang neih tur a ruahman a ni.

3) Ni 15.6.2011(Nilai) zingkarah Mass Road Racing neih tur a ni.

4) Ni 15.6.2011(YMA Day ni) ah Zing Dar 10a.m - 3:00p.m thleng hian Indoor Stadium-ah Program hman tur a ni a, he hun ah hian Infiamma chi hrang hrang hmangin Section-wise intihsiaikna hlimawm tak neih tur a ni. Intihsiaikna bakah hian vengchhunga kawng hrang hranga mi hmingtha (zirma, infiamma, e.t.c.) te chawimawina hun hman tum a ni bawk. Intihsiaikna Items tur te phek 4-na ah tarlan a ni.

3. Central YMA in Khawtlang Nun Siamthat bawhzuina atan aruihlongaite puala Chhandamna Camping, Bethel Camping Centre, Chawnpui a June 2011 a buatsaih tur atan tanpuina pe tura min rawn ngen angin ` 2000/- pek nise ti a ni.

4. Secretary Village Health & Sanitation Committee, Chanmari West hnen atangin Sanitation atanah hmalakna turin ` 10,000/- Branch YMA a rawn pek chu Committee chuan lawmthu a sawi takzet a, heng sum te hi Section hrang hrang te hmalakna atan ` 2,000/- theuh in sem a ni.

5. Chanmari West Mistiri Association chuan thlan siamna atan hmanraw tangkai tak tak engemawzat a pe chu Committee chuan lawmthu a sawi mawlh mawlh a ni.

### Branch News

 YMA Day kan hman turah kan vengchhung mi dam lo YMA hminga kan turte Section ten aranglamin Br. Secretary hnenah report tur a ni e.

 YMA Day kan hman turah kumin 2011 a HSLC leh HSSLC Distinction a passed te leh letter an hmuhna te vawiin ral hma hian Section ten list Br. Secretary hnenah theh luh tur a ni e.

 Ni 28.5.2011 a Pi Laihnuni kum 89 'CH' Section in min boralsan leh Ni 2.6.2011 a Pu RK Lalrinthanga kum 55, 'CH' Section ten min boralsan chu khawhar chhungte kan tuarpui hle.

 Kan veng mi khawtlang duh loh zawng awm thin leh ruihho khawi a, kan veng hming ti chhe thin an awm chu a pawi tak zet a ni.

### PEM LUT

Heng mite hi vengdang atangin kan veng chhungah an rawn pem lut a, mi tha tak an nih kan beisei.

1. Pu B. Vanlalmalsawma te chhung Ramhlun 'S' atanga rawn pem, Pu PC Pakunga In 'T' Section ah.

2. David Zomuana te chhung Buarpu atanga rawn pem, Pu R.Thanga In, T' Section-ah.

3. Lalzamliana te chhung Model veng atanga rawn pem, Pu Lalthuama In 'T' Section -ah

4. C.Lalnunhlua te chhung Sairang atanga rawn pem, Pu Rokhuma In 'CH' Section-ah

5. Perry Mihlo Zawngling atanga rawn pem, Pu Laldintha In 'CH' Section-ah

 **TUN KAR CHANGAWN**  
Sual man chu thihna a ni si a; |  
Pathian thilhawnpek erawh chu, |  
kan Lalpa Krista Isua zarah chuan, |  
chatuana nunna a ni. Rom 6:23.

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*Nang erawh chu engkimah jimpkhur la, hrehawm tuar la, Chanchin Tha hrilu lam hna thawk la, i rawngbawlna kha hlen rawh. II Tim 4:5*

**Editorial :** Tunlai khawvel changkang zelah sualna a pung nasa em em a, sualna chi hrang hrangin min hual vel tawh a ni. Chung zingah chuan 'sex' hian kan ramah nasa takin mimal nun leh chhungkaw nun a tichhia a, hei hian khawtlang leh ram thlengin a tluk chhiat phah tir thei a ni. Abik takin kan thalai/zirlaite zingah hian sex hi a zalen em em mai a, suala ngai lo hi mi tam tak an awm. Zirlai nih lai chuan mahni zirlai chauh ngaihtuah hi a fintlhak ber fo, khawvel changkannain sualna chi hrang hrang a ken tel te lo dolet tura i tih theih awm chhun chu i zirlai chauh ngaihtuah leh i taksa thianghlim taka i vawn reng kha a ni.Zirlai i nih lai ngei khan mahni invawn thianghlim hlutna zir chhuak turin tan han la teh le.

**Article : TLAWMNGAIHNA IN A HMEL A THLAK HRET HRET A HUN TAWH EM?**

- K.Sangkhuma Ch-Sect.

Min thlahtuten tuna kan Ram kan tih tak hi an rawn luah tirk lai kha chuan ramsa hlauhawm tak tak te tuallenna, ramngaw durkup mai leh thing lian pui pui te an intawksirkhupna te, hrui hnawk leh ralsamkuai in a an bawm luk mai te, Rul tur nei tamna rawpui leh mau hmun thim phui rut mai te, kangthai leh thakpui hmun te leh saphai lian pui pui tawmna leh phairuang hmun pik eltiang mai te a ni a. Eizawnna a harsain, ram chhengchhia nen, ral hlau reng renga an khawsaknaah khan dam khawchhuah kha thil pawimawh tawp a ni. Chutianga awm tur chuan khawtlang tanrua a ngai, huaisen leh tawrhchhel a ngai a, inpeizawna, inhmangaihtawna, neih intawma an khawsak ho loh chuan dam khawchhuah kha thil khirhkhan tak zu nia. Chutiang boruak atanga dam khawchhuak tura an beih naah khan "nummawi" tia kan sawi kan chhuan leh kan lamrik chhen "TLAWMNGAIHNA" hi a lo chhuak a ni.

Chu mizo nun, nun mawi tia kan sawi chu sa, ral leh natna laka an dam khawchhuah nan, an eizawnna leh khawsak phung mila an cherchhuah a ni ber. Tlang chungah khua an din, tui a harsa, tui khawlha tur an neilo, eirawngbawl nan thing leh mau an hmanga, mihring an la tlem, lei do leh sa beih an ngah si nen, pakhat awm lo pawh an langsar hma bik thin. Heng zawng zawng nena inphiardiat hian tlawmngaihna chu an cherchhuak a ni.

Chutichuan pi/pu te tlawmngaihna ngau ngau kha tun hunah hian kaihthawh leh kan tum a, han thelmam deuh hret pawh awm lovin kha tlawmngaihna kha a pulungin kuitiah kan tum a, tarmit hlui vuah chungin mi kan thlir a, tlawmngai lo, mizo nun pawh hre lo kan hmu ta teuh mai le. Tlawmngaihna a chuai ta. Zonunmawiin mual a liam ta kan ti chuai raih mai a ni.

A khaw puma lo kan neih dual dual laia tlawmngaihna ang chi a ni tawh lova, kan tunlai hun mila tlawmngaihna pawh hi kan hrilhfhia a ngai ta. Hna lian pui pui khawih lova chhungkaw tamtak kan intunnun theih nan leh kawng hrang hranga ei kan zawn tawh hnuah hian tlawmngaihna pawh hian a zia a thlak hret hret ve tawh a ni tih kan pawm thiam a hun ta. Sa kaptu aiin a humhaltu nih a ropui tawh zawk a, silai pu a ram chhuah aiin silai tungtu an lar tawh zawk; ruang hmuh veleh a bawihswam nghal aiin -Police hrilh thuaia, an kut a dah mifing nihna a ni zawk. Kan ramah hian tlawmngaihna kan thlir dan kan thlak hret hret a ngai tawh em?

Khawhar ina riak tur ngah veng nih ai chuan phairama zirna in tha a zirlai ngah veng nih a ropui zawk a, khawhar in a thingpui lum taima aiin ruihtheihthila fihlim ten fak an hlawh tawh zawk a ni. Vengchhunga mitthi chhuanlama office thulh fo aiin tihtakzeta thawk te kan ngaisang ta.

Office dawrtu lo chiau au thatah te, mi rethei ngaihsak kawngah te, AIDS vei leh ruihhlo ngai ten nun kawng pangngai an zawh theih nana beihna kawngah te tlawmngaihna hi kan teh a hun ta. Eiru lova rinawm taka thawkte hi tunlai a mi tlawmngai te an ni tawh zawk a, zirna lama puitlin ngei tuma, rual pawh pawl tam loh phahte hi tlawmngai tia kan sawi a hun tawh zawk hle mai.

Amaherawhchu, hmasang zonun peng hrang hrangah khan kum upa zawk te an zah thiam em em mai kha chu tun thlenga kan hmaih hauh loh tur leh kan entawn tlak a tling a. Upa leh tar zawk zah thiam hian khawsakho a tinuam a, a hahdam thlak a, society kal zel atan pawh a pawimawh em em a ni. Chutiang chu China ho leh Japan ho pawh khian an chingin an nei tha ngang mai "Eastern Culture" tia sawi hial a ni. Upat hun hi mitinin kan tawng theuh dawn a, lehkathiam leh thiam lovah te, hna lian thawk leh thawk lovah te pawh upa zawk zah hi pal zut mai mai lo ila, a ngialanganin nunho a ti hahdam anga, a ti hlimawm ang. Vawi khat chu Greek putar pakhat hi ennawm en turin a kal ve bob boh va, Greek ho thutna lamah a va kal a, an lo ngawi thup mai a, Rom ho zingah a kal ve leh a, anlo ding thup thung a. A hnuah chuan "Greek-hovin finna thu an hria a, Rom-hovin finna thu chu an "nunin" an entir an lo tih phah ta hial a ni. Atawpna atan chuan hman laia kan tlawmngaihna mai kha a tawk ta lo. Tuna kan eizawnna kan khawsak phung leh kan ngaihtuahna te mila tlawmngaihna hi kan hrilhfhia a kan thlir a ngai ta. Chutiang a kan ngaihtuahna kan hmanloh chuan kan inhmulem tial tial ang tih a hlauhawm "Tlawmngaihna hi".

**Keimahni**

Section hrang hrang hruaitute kan khawhar hnema min rawn tawiaawm thin hi Ed. Board chuan lawmthu a sawi takzet.

## KHUANGCHERA

An leader damlo pawh dam leh thuaia Sectione a uap leh theih thuai an beisei. Tin Pi Zarzolian W/o Pu Zothangzuala Chhangte pawh dam leh thuai turin an duh sak.

YMA RUN, bulah zunin an siam tana, hmanrua engemaw zat Congress Unit-II ten an pek avangin lawmthu an sawi. Tin, Pu Zoramsga Mistiri leh Tv Lalnunzawma N-Sec. ten hnatiang an puuh avangin lawmthu an sawi bawk. He zunin siam hi Pu K Lalengmawia an hruiatu in a enkawl

Section chhungah kumina HSSLC-Distinction chunglama pass te Secretory hnenah arang lama in hriattir tur ani e.

## VANAPA

YMA Day ah Section Zaipawl neih tur a ni a, zaipawl memberte lo in ring turin an in chah.

An member P.C. Vanlalthanpuia S/o PC. Vanlalremsiama Karate-a India aiawh a China rama kal turin thlan a ni chu an chhuang hle.

Thawleh zanah hian Pu Roluahpuia te inah section committee koh tum a ni.

IMEM Solo Competition ah Top 10 intihsikna ningani khan an nei a an member Nl. C. Lalbiakzuali pawh Top ten ah hian tling in, pakhatna ni ngei turin duhsakna an hlan.

Pi Lalthanzami'n hnatiang tanpui nan ` 100 a pe a, a chungah an lawm hle.

Inrinni khan Doordarshan a mi tur zaipawl music vedio shooting neih a ni.

An hruiatu Nl. Zoar Lalrammawii unaupa Pu Lalrinthanga'n a boralsan chu an tuarpui hle. An member Pu Lalzekima pa Pu Zulawma Khawzawl lama boral chu an tuarpui hle.

An member Pu Zonunthara (tete-a) ten fapa duhawm tak an nei thar chu an lawmpui hle.

## TAITESENA

Ni 2.6.2011(Ninga) zan khan Section Committee pawimawh tak neih a ni a, YMA Day lo awm tur ah Section member leh hruiatute atam thei ang ber kal tum theuh turin an in ngen.

Chiatni Fund leh YMAAW man tunthla (June) chhung ngeia tifel vek turin a khawn tute an in hriattir a, la tifel lo chhungkua ten a ranglama lo pek tum theuh turin an in ngen.

(T-Section Report chbunzawmna)

Vawiin Chawhma Inkawmban hian Mitthi Buhfai khawntute leh hruiatute Pu Lalmalsawma (Sena) te In ah kim taka kalkhawm tur a ni a, he hun hi ngai pawimawh theih turin an in ngen.

## CHAWNGBAWLA

Tunkar zirtawpni zana thalai intawhkhawm hun neih an tum chu mitthi awm avangin thulh a ni a, tunkar zirtawp lo awm turhian he hun hi sawn a ni. Zan dar 7:30 ah YMA Buk ah kal tura an ngen te chu kal vek turin an hraittir, a hrampa in lehkhya sem a ni tawh lovang.

An section member Pu R.K. Lalrinthanga chu Cancer natna avangin nilaithawhtan zan khan a boral a, an uiin a chhungte a tuarpui hle.

YMA Day lawmna chungchang ngaihtuah turin ni 9.6.2011 (ningani) zan dar 7:15 ah Pu Lalchungnunga (L) te inah section committee neih an tum. Committe member te hunawl lo insiam turin an ngen.

Nl. Liansangpuii D/o Pu Laldintheta chuan pawl sawmpahnih, CBSE hnuiah Distinction-ah a pass a an lawmpuiin an chhuang hle.

## NEUVA

Thawleh zan hian rawlkawlhna a awmloh chuan Section Committee koh tum ani.

Karleh ni 13.6.2011 thawhtan zing khian YMA Day pual section faina hnatiang koh tum a ni.

YMA Day Section Wise Competition neih turah hruiatu leh member te a tam thei ang ber tel turin an in ngen.

Pasaltha Neuva Inah Dekchi mimal ta a awm a, bungrua hawh ten mahni ta dah tel palh niin a lang a, ngaihven theih a ni.

House No. leh Name Plate siamthat ngaite siam mek a ni a, heng House No. tarlante hi In neitu, luahlu leh a In awmna lai hriat a ni lova Secretary hnenah a hria chuan hrilh ran nise a duh hle.

N-10, N-49, N-72, N-82, N-89, N-92, N-96

Hruiatu Talent Ip Secretary hnenah thehluh theih reng a ni.

Nimin Inrinni khan Edenthal nena inrina Wel Come board chu phun that a ni.

## CWSC NEWS

Tv Vanlalthanpuia S/o TC.Lalremsiama Vanapa section chu Asia Jr,Karate Championship 2011 China a ni 15-16 July 2011 a neih turah India ram aiawh a kal tura thlan anih chu sporting club chuan a lawmpuiin a chhuang hle.

Sporting Club member lak mek ani a, aduh apiang tan club member ah hian atel theih ani.Club hruiatu bial tin a incharge ten July thla chhunga ti fel vek tur ani.

## ZCC NEWS

Ni 28.5.2011 (Inrinni) a Mizo Kutpu Reiek-a neih a Rallulam entirtu zawng zawng chungah leh lirthei thawhchhuahpui tute chungah lawmthu an sawi takzet.

## MUP NEWS

Pu RL Thansanga'n Saron kung 80 lai mai min pek chu Thlanmual ah phun a ni a, heng soron te hi a hungna siam nghal a ni.

Saron min pek bakah a hungna hlawhfa min tumsak vek bawk avangin a chungah MUP chuan lawmthu a sawi takzet a ni.

## SECTION HRANG HRANGTE BUNGRAW NEIH ZAT

1. Thuthleng	:	703
2. Thingpui inna No	:	2614
3. Dekchi	:	58
4. Ketli	:	16
5. Gas thuk	:	8
6. Gas Cylinder	:	5
7. Tea Tray	:	60
8. Baltin	:	40
9. Tea Urn	:	8
10. Inverter	:	6
11. Steel Almirah	:	4
12. Mitthi Signboard	:	8
13. Amplifire	:	11
14. Mistiri bungrua	:	5 sets
15. Silpouline	:	16
16. Khuang	:	12
17. Basket	:	23
18. Chawhtawl	:	14
19. Fianpui	:	21
20. Chawei thleng	:	280
21. Bungraw In	:	5
22. Dusbin	:	54
23. Buhtlei	:	34
24. Thawhawm bawm	:	5
25. Tui chhawpna	:	91
26. Drive Slow	:	6
27. Microphone	:	11
28. Sound Box	:	12
29. Extension Box	:	5

**DAN LEH HRAI  
IN MAN DAN**

Mi tupawh man a lo nih hian engmah sawi ve thei lo, dikna leh chanvo hloh ta vek, Police leh a mantuten duh duha an nuh kawi mai mai theih tihna a ni lo. India ram hian dan bul India mi zawng zawngin kan zawn tur a siam a; chu chu Indian Constitution hi a ni. Article 22(1) leh (2) kan en chuan, mi tupawhin man a tawh reng reng chuan, chanvo leh dikna hlenchhuah sak/humhalh sak theih chi li a nei thi kan hmu a ni.

- Hetiangin- 1. Tupawh hi man a nih veleh man a nihna chhan hrilh lohna tur chhan tha tawk a awm a nih si lova, man a nih chuan khawi hmunah mah hren khawtlai theih a ni lo.  
 2. Mi man chuan a duh ang tak Ukil a ruai thei a, thu hriat a neih chuan zawnha a zawn a thiang a ni.  
 3. Tupawhin man a thawh chuan, Magistrate hnai berah darkar 24 chhungan kalpui tur a ni, hei hian Magistrate awmna hmun panna kawnga kal chhung hun chu a huam lo vang.  
 4. Magistrate phalna tel lo chuan darkar 24 aia rei tumahin (Police kutah pawh nise) kawl phal a ni lo.

Police-in mi an man hian an tih tur hmasa chu darkar 24 chhunga zo hman tura ngaih a ni a, an ti zo hman lo a nih chuan Magistrate hnenah kawl zui phalna an la tur a ni. Chuti a nih loh chuan Police Station-ah dah tawh lovin Jail-ah dah tur a ni, bail-in a chhuak te a nih loh chuan.

Police leh Court hi an inthurnal zai khata luang an ni lo tih hi hriat reng tur a ni. Police-in misual tia an man hi, court-in an thiam lohna a fiah hma chuan misual a ti ve lo.

**POLICE-IN AN MAN CHEIN I DIKNA CHANVO I HRIA EM?**

- Police-in an man che chuan hengte hi i dikna/chanvo a ni tih hria ang che:  
 1. Dan hremi (Ukil) i ko vat thei.  
 2. Tawngkaa kohna (Oral Summons) zawn vek i ba lo. (Sec.160 Cr.P.C)  
 3. Police-in thu an zawn (an dawp)lai chein Dan hremi i bulah i awm tir thei.  
 4. In dap theihna (Search Warrant) a awm a nih pawhin, in veng/khua a mi rintlak deuh pahnih thuhretu atan i sawm thei.  
 5. Ihnen atanga thil man ziahkhawmn (Seizure list) i kawl ve tur dil rawh.  
 6. Bail theih loh thubuai vanga man i nih pawhin Magistrate-in bail a phalsak theih dan a awm a, a mantu Police Officer rawnin englai pawhin bail hi dil theih reng e ni.

**MAHNI IN VEN NANA THIL TIH**

Mahni leh chhungte hum nan leh kan bungruate humhim nan chuan, midangte chunga kutthlak phal theih dan a awm a, hei hi IPC Sec. 96-106-ah sawilan a ni. A mamawh danin a zir chuan thil sual pawh tisual lo anga ngaih theih dan a awm bawk.

Entiran, tuipuiah lawng a keh a, mi chuang zinga pahnih chuan thingphel tui chunga lang chu an hmu a; an bawh dun ta a, chu thingphel chuan mi pahnih chu a dawl lo tawp mai a, a chak zawk chuan a chak lo zawk chu tuiah a nam thla ta mai a, a chak zawk chuan a him phah ta a ni. Hetiang thil hi tual thata ngaih a ni lo. Mi inah tu emaw luh ruk tum sela, in neitupa chu a lo inven nan a tul angin a lo che thiang a ni.

Mahni nunna leh bungraw venghim turin engti pawha lo tih phal a ni. IPC in a sawi ang thlap a nih chuan, a tul dan ang angin mi engzat pawh a thah theih a ni. Hei hian mahni duh thu thua mi thah a huam lo.

**ADMISSION OPEN**

**FRED-BEE HOSTEL &  
TUITION CENTRE**  
Zotlang, Aizawl.  
\* Mattress provided  
\* Separate Locker  
**# NIGHT HOSTEL ALSO  
AVAILABLE**

Contact :

9436152297/9862325133

**YMA Day Programme a  
Section-wise intihsiaikna  
turte chu :-**

- a) *Carrom Board* : Double(Men) - Section tin atangin pair 2 theuh.
  - b) *Draught Board(Men)* : Section tin atangin mi 2 theuh.
  - c) *Chinese Checker(Women)* : Section tin atangin mi 2 theuh.
  - d) *Musical Chair(Women)* : Section tin atangin mi 5 theuh.
  - e) *Ring theh(Mixed)* : Section tin atangin mi 20 theuh, mi 1 in vawi 3 theh tur a ni ang.
  - f) *Dart Throw* : Open tur a ni ang a, point lak danah i/c ten mawh an la ang.
  - g) *Balloon Passing(Mixed)* : Section tin atangin Mipa 10 leh hmeichhia 10 theuh a ni ang a, hemi bikah hian point lak a ni lovang.
  - h) *Kawikah (Women)* : Section tin atangin mi 5 zel, mi 1 in vawi 3 zel kah tur a ni ang. tur.
  - i) *Ball Kick(Men)* : Section tin atangin mi 5 zelin, mi 1 in vawi 3 zel pet tur a ni ang.
  - j) *Chana chhar* : Hun bituk chhungan a duh apiang tan.
  - k) *Tug of War(M&W)* : Section tin atangin mipa 500kgs aia rit lo leh hmeichhia 450kgs aia rit lo an ni tur a ni.
  - l) *Inzaisiak* : Guitar/Khuang hmangin Section tin Secretary te an zai ang a, Guter hi inperhsak awih a ni lo.
- Items hrang hrang te tih zawn hunah hian lawmman semna hun hman nghal tur a ni.

**Sub-Centre News**

Sub-Centre ah nau pai leh pai loh test-na (Pregnancy Test) a thleng thar a, nau pai leh pai loh hre duh te tan ngaihven theih a ni e.

**KHUAREL CHHIATNA (NATURAL  
DISASTER) HRANG HRANG LAKAH NANG  
LEH I CHHUNGTE IN HIM EM ?**  
**I DINHMUN HRECHIANGIN, I TIH TUR LEH  
TIH LOH TUR TE HRIA LA, NANG LEH I  
CHHUNGTE TAN HIMNA THLENTU NI ANG  
CHE.**

**CHAM CHAM STORE**

**Chanmari West. Aizawl. C-85/01A**

**Ph. 9436352887 / 0389-2348162**

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